

National School District

Mar 17, 2025 thru May 2, 2025

Base Menu Spreadsheet

NSD Breakfast

Portion Values - Detailed

Page 1

Generated on: 3/17/2025 8:31:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 03/17/2025				
NSD Breakfast	Total	3000		
Pancakes, Mini, Maple Eggo	1 each	1000	200	36.0
UBR Ultimate Breakfast RoundIW	1 EACH	1150	270	44.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Apple, Red Fresh	1 each	1500	95	25.13
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			478	91.43
% of Calories				76.5%
Nutrient Guideline			400-500	

Tue - 03/18/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Lemon Square	1 Each	1500	260	36.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	300	180	24.0
Cereal, HoneyScooters&StrChees	1 each	100	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			484	84.87
% of Calories				70.1%
Nutrient Guideline			400-500	

Wed - 03/19/2025				
NSD Breakfast	Total	3000		
Burrito, Egg/Cheese/BeefChoriz	1 each	1000	210	22.0
Muffin Top, Sweet Potato CC	1 each	1000	260	43.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			452	79.91 70.8%
Nutrient Guideline			400-500	

Thu - 03/20/2025				
NSD Breakfast	Total	3000		
Waffles, Mini Maple, Eggo	1 each	1000	190	36.0
Pan Dulce, Chocolate	1 each	1000	200	34.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			453	88.06 77.8%
Nutrient Guideline			400-500	

Fri - 03/21/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Bagel & Cream Cheese	1 EACH	1000	241	34.5
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			438	75.94 69.3%
Nutrient Guideline			400-500	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/07/2025				
NSD Breakfast	Total	3000		
Pancakes, Mini, Maple Eggo	1 each	1000	200	36.0
UBR Ultimate Breakfast RoundIW	1 EACH	1150	270	44.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Apple, Red Fresh	1 each	1500	95	25.13
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			478	91.43
% of Calories				76.5%
Nutrient Guideline			400-500	

Tue - 04/08/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Lemon Square	1 Each	1500	260	36.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	300	180	24.0
Cereal, HoneyScooters&StrChees	1 each	100	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			484	84.87
% of Calories				70.1%
Nutrient Guideline			400-500	

Wed - 04/09/2025				
NSD Breakfast	Total	3000		
Burrito, Egg/Cheese/BeefChoriz	1 each	1000	210	22.0
Muffin Top, Sweet Potato CC	1 each	1000	260	43.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			452	79.91 70.8%
Nutrient Guideline			400-500	

Thu - 04/10/2025				
NSD Breakfast	Total	3000		
Waffles, Mini Maple, Eggo	1 each	1000	190	36.0
Pan Dulce, Chocolate	1 each	1000	200	34.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			453	88.06 77.8%
Nutrient Guideline			400-500	

Fri - 04/11/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Bagel & Cream Cheese	1 EACH	1000	241	34.5
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			438	75.94 69.3%
Nutrient Guideline			400-500	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/14/2025				
NSD Breakfast	Total	3000		
Pancakes, Mini, Maple Eggo	1 each	1000	200	36.0
UBR Ultimate Breakfast RoundIW	1 EACH	1150	270	44.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Apple, Red Fresh	1 each	1500	95	25.13
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			478	91.43
% of Calories				76.5%
Nutrient Guideline			400-500	

Tue - 04/15/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Lemon Square	1 Each	1500	260	36.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	300	180	24.0
Cereal, HoneyScooters&StrChees	1 each	100	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			484	84.87
% of Calories				70.1%
Nutrient Guideline			400-500	

Wed - 04/16/2025				
NSD Breakfast	Total	3000		
Burrito, Egg/Cheese/BeefChoriz	1 each	1000	210	22.0
Muffin Top, Sweet Potato CC	1 each	1000	260	43.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			452	79.91 70.8%
Nutrient Guideline			400-500	

Thu - 04/17/2025				
NSD Breakfast	Total	3000		
Waffles, Mini Maple, Eggo	1 each	1000	190	36.0
Pan Dulce, Chocolate	1 each	1000	200	34.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			453	88.06 77.8%
Nutrient Guideline			400-500	

Fri - 04/18/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Bagel & Cream Cheese	1 EACH	1000	241	34.5
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			438	75.94 69.3%
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NSD Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/21/2025				
NSD Breakfast	Total	3000		
Pancakes, Mini, Maple Eggo	1 each	1000	200	36.0
UBR Ultimate Breakfast RoundIW	1 EACH	1150	270	44.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
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Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			478	91.43
% of Calories				76.5%
Nutrient Guideline			400-500	

Tue - 04/22/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Lemon Square	1 Each	1500	260	36.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	300	180	24.0
Cereal, HoneyScooters&StrChees	1 each	100	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
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Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			484	84.87
% of Calories				70.1%
Nutrient Guideline			400-500	

Wed - 04/23/2025				
NSD Breakfast	Total	3000		
Burrito, Egg/Cheese/BeefChoriz	1 each	1000	210	22.0
Muffin Top, Sweet Potato CC	1 each	1000	260	43.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
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Raisins, box	1 each	1500	120	29.0
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Juice, Orange 4 oz	1 each	1000	55	14.0
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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			452	79.91 70.8%
Nutrient Guideline			400-500	

Thu - 04/24/2025				
NSD Breakfast	Total	3000		
Waffles, Mini Maple, Eggo	1 each	1000	190	36.0
Pan Dulce, Chocolate	1 each	1000	200	34.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
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Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			453	88.06 77.8%
Nutrient Guideline			400-500	

Fri - 04/25/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Bagel & Cream Cheese	1 EACH	1000	241	34.5
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 04/28/2025				
NSD Breakfast	Total	3000		
Pancakes, Mini, Maple Eggo	1 each	1000	200	36.0
UBR Ultimate Breakfast RoundIW	1 EACH	1150	270	44.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Apple, Red Fresh	1 each	1500	95	25.13
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			478	91.43
% of Calories				76.5%
Nutrient Guideline			400-500	

Tue - 04/29/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Lemon Square	1 Each	1500	260	36.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	300	180	24.0
Cereal, HoneyScooters&StrChees	1 each	100	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	100	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average			484	84.87
% of Calories				70.1%
Nutrient Guideline			400-500	

Wed - 04/30/2025				
NSD Breakfast	Total	3000		
Burrito, Egg/Cheese/BeefChoriz	1 each	1000	210	22.0
Muffin Top, Sweet Potato CC	1 each	1000	260	43.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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National School District

Mar 17, 2025 thru May 2, 2025

Base Menu Spreadsheet

NSD Breakfast

Portion Values - Detailed

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Generated on: 3/17/2025 8:31:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			452	79.91 70.8%
Nutrient Guideline			400-500	

Thu - 05/01/2025				
NSD Breakfast	Total	3000		
Waffles, Mini Maple, Eggo	1 each	1000	190	36.0
Pan Dulce, Chocolate	1 each	1000	200	34.0
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Bananas, Fresh	1 each	1500	105	26.95
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			453	88.06 77.8%
Nutrient Guideline			400-500	

Fri - 05/02/2025				
NSD Breakfast	Total	3000		
Beef Sausage&Cheese Mini Bagel	1 each	1000	189	18.58
Bagel & Cream Cheese	1 EACH	1000	241	34.5
Cereal, Cinn.Toast Crunch&ChSt	1 each	500	180	24.0
Cereal, HoneyScooters&StrChees	1 each	250	190	24.0
Cereal, Chex Rice & String Ch	1 EACH	250	190	25.0
Apple Slices, Bulk Fresh	1/2 CUP	1500	50	14.0
Raisins, box	1 each	1500	120	29.0
Juice, Appleberry, 4 oz	1 each	1000	55	14.0
Juice, Orange 4 oz	1 each	1000	55	14.0
Milk, 1% White	1 each	499	120	16.0
Milk, Chocolate, Fat Free	1 each	2500	110	20.0
Milk, Lactose Free 1% White	1 each	1	100	12.0
Weighted Daily Average % of Calories			438	75.94 69.3%
Nutrient Guideline			400-500	

Weighted Average			461	84.04 72.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	461		400 - 500	100%				
Carbohydrate (g)	84.04	72.93%						

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